

Wheat

Socks for Football Season and
Other Fall Occasions



This pattern was developed so that I could Knit In Public at the ACC Championship game of 2006.

The socks start out on 66 stitches, the heel is worked over 34 stitches and then the gusset decreases takes the foot to 64 stitches. It also has a slightly more rounded heel than I usually use. That's what happens when I do math in a room full of excited football fans.

Instructions are written for double pointed needles, but can be adapted to two circular needles fairly easily.

The example sock was made with the Socks That Rock colorway Olivenite.

Materials

Socks That Rock, lightweight (100% Superwash Merino, 360 yards), 1 hank
4 US size 1 double pointed needles (or size to obtain gauge)

Size

Fits an average man's foot (10.5" circumference).

Gauge

8 sts to 1" in stockinette

Leg

Cast on 66 stitches. Divide over three double pointed needles (24-18-24).
Join, being careful not to twist.

Cuff

Work in K3, P3 ribbing for 2".

Leg

Begin Wheat Pattern:

Round 1: *S1, P1 repeat from * to end of round

Round 2: *K3, P3 repeat from * to end of round

Repeat these two rounds until the sock leg measures 7" (or desired length) from the cast on edge. End with Round 2.

Heel

Divide the stitches so that there are 34 stitches (for the heel) on one needle and the remaining 32 stitches (for the instep) are evenly divided on two needles.

Heel Flap

Working back and forth on just the 34 heel stitches:

Row 1 (RS): *S1, K1 repeat from * to end, TURN

Row 2 (WS): S1, P to end, TURN

Repeat these two rounds until the heel flap measures 2.5" (about 15 repetitions).

End with Row 2.

Heel Turn

Still working only on the heel stitches:

S1, K21, SSK, K1 TURN

S1, P11, K2tog, p1, TURN

S1, K12, SSK, K1, TURN

Continue in this manner until all the heel stitches have been worked.

Gusset

Divide the heel stitches evenly between two needles and combine the instep stitches onto a single needle. Rounds now begin and end in the middle of the heel. If necessary (I forgot to write down if it was), knit across the heel stitches to bring the yarn to the end of the first needle.

Pick up Gusset Stitches

With the first needle, pick up and knit 17 stitches along the edge of the heel flap.

Knit evenly across the instep stitches.

Pick up and knit 17 stitches along the heel flap and knit the remaining stitches on needle 3.

Shape the Gusset

Repeat the following two rounds until 64 stitches total remain.

Round 1: Needle 1 - K to last three stitches, K2tog, K1

Needle 2 - K across

Needle 3 - K1, SSK, K to end of needle

Round 2: Needle 1 - K

Needle 2 - K across

Needle 3 - K

Foot

Continue to work evenly in stockinette until the length of the foot (measured from the back of the heel) reaches 1.5" shy of desired length. That is, if you want your sock to be 10.5" long, stop at 9".

Toe

Decrease to shape the toe as follows:

Round 1: Needle 1 - Knit to last three stitches, K2tog, K1

Needle 2 - K1, SSK, K to last three stitches, K2tog, K1

Needle 3 - K1, SSK, K to end

Round 2: K all stitches

Repeat the above two rounds 4 times.

Repeat Round one 6 more time (24 stitches remain).

Graft (kitchener stitch) the live stitches together and weave in all loose ends.

Abbreviations

K - knit

P - Purl

S - slip

K2tog - knit 2 stitches together

P2tog - Purl 2 stitches together

SSK - (slip, slip, knit) Slip two stitches as if to knit, stick the point of the left needle through the two slipped stitches in front of the right needle) and knit them together.

WS - Wrong Side (or the work)

RS - Right Side (of the work)



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<http://yarnmiracle.com> emily@yarnmiracle.com